***Reflect**…by making time to pause…being still…alone…soaking up our connections to all that is around us…contemplating current and past events.*

***Change**…is the only constant. The God of the universe speaks to us through these changes. Yet, nothing really changes…except our perception about a thing.*

***Perspective**…keeps changing during our lifetime…like a kaleidoscope. Whether a new understanding of inspired writings or a more profound interpretation of the meaning of life.*

Welcome to my understanding of the world. Welcome to Perspectives…by Matthew

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***The Concept**…came from the insight that most of us rarely take time to simply stop and reflect on the things which are important to us…to center ourselves. Each of us will reflect on different things…depending on our current needs, desires and perspectives. While my religious heritage stressed a daily devotional time, this personal practice may be applied within any spiritual path.*

The idea of finding fifteen minutes within our already busy lives may seem daunting…unless we were to use existing blocks of time already in our schedule. The time we spend commuting to work may be the most viable option for some…or curling up with an MP3 player for an intimate listening experience. Indeed, rare is the individual able to begin their day with a quiet time for personal reflection…but their reward is immeasurable.

***The Creation**…is only a captured 'moment in time.' With a pre-selected text, I sat at my piano and played…simply channeling the muse…accepting whatever came out as meant to be…while interweaving the words. Now, I offer 'Just the Music'…;-)*



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